



Physiotherapy Associates

State High School Basketball Tournament – 2010

State Tournament Coaches,

Welcome to Des Moines, Well's Fargo Arena, and the 2010 State Basketball Tournament!

Physiotherapy Associates is proud to provide the Certified Athletic Trainer services for this event. Below is a listing of information for you to review prior to attending the tournament.

Questions can be directed to me using the contact information listed at the bottom of the page.

1. If you, your medical staff, or your parents have any questions or requests for services prior to the tournament, have them call me immediately.
2. If your athletic trainer (ATC) will be traveling to Des Moines with your team, have them contact me prior to the tournament so we can list them on our schedule for the week.
3. Medical Supplies: We will have medical supplies available, but recommend that you stock and bring your team medical kit with you just as you would any other road game.
4. A Certified Athletic Trainer from our staff will be on-site 90 minutes before the first game each day. Mr. Beste and Mr. Tharp, with the IHSAA, can direct you to our location upon arrival.
5. Emergency Information: Please have your player Health & Safety Information/Consent for Treatment cards with you during the tournament. (This may include insurance information if parents do not plan to attend the tournament.) Having cell numbers can help us contact parents in the crowd, if needed.
6. Medical staff/facilities: Local physicians and medical facilities are prepared to assist in the care of your athletes during the tournament, should the need arise. Feel free to contact me for assistance in seeking medical services while you are in Des Moines.
7. Treatments/Rehabilitation: Our downtown Sports Medicine Center is across the freeway from Well's Fargo Arena and available for rehabilitation/treatment services while you are in town. Contact me to schedule appointments/services. (Other offices, listed below, are available based on hotel location.)
8. Athletic Trainers (ATC's): 2 Certified Athletic Trainers will be on site for each game of the tournament. One is available for pre-game/post-game medical needs (taping, icing, wound care, etc). Both are available for medical assistance during each game and are located at the end of each team bench.

On behalf of the Physiotherapy Associates offices within the Des Moines metro area and our athletic training staff, I congratulate you on qualifying for the state tournament and wish you the best while you are in town. If we can assist in any way, please let us know.

Enjoy your stay in Des Moines and good luck!

Troy Kleese LAT, ATC
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